

Guidelines for matches who wish to see each other in person:

Recently the question of whether matches can see each other in person, at a social distance, has come up by multiple Bigs. In response, to this inquiry, the following guidelines have been established to give matches the ability to make an informed decision whether they should and/or can see each other in person.

- If anyone (Big, Little, or anyone living with them) has been or exhibits signs or symptoms of Covid19 they are prohibited from seeing each other until the symptoms have gone away and they have quarantined for 14 days.
- Ultimately, the parent has the final say in whether they are comfortable with the match seeing each other in person.
- Bigs are not obligated to see their Little in person if they feel that they are not comfortable if or when the parent or child requests an in person visit.
- Matches that choose to meet in person should remain 6 feet apart from each other.

If unable to maintain 6 feet apart (from each other or others who are out such as bike riding or hiking):

- Wear a cloth face covering to protect others from your respiratory droplets in situations where you're unable to maintain a social distance of 6 feet apart in groups of people 10 or more.
- Cover your mouth when coughing and sneezing
- Wash your hands often for at least 20 seconds
- Do not touch your eyes, nose, and mouth with unwashed hands
- Clean and disinfect objects and surfaces (such as bikes, crafting supplies etc) using standard cleaning products, according to the product's manufacturer label. Surfaces should be allowed to air dry. Be sure to wash hands!
- Choose activities that are not high risk or pose a risk factor in case of emergencies.
- Use discretion when deciding on meeting with a Little in person, if the Big or Parent feels that the Little will be unable to remain socially distant.
- Do not share food, supplies for projects etc. Ensure that both Big and Little have their own set of supplies to minimize cross contamination.

Please remember that parents are the ultimate decision maker of whether the match can meet in person. Here are some examples of social distance match outings:

- Sit on the porch to talk, do a craft, or each build a puzzle alongside one another
- Bike ride in low traffic areas
- Take a walk in low traffic areas
- Leave a goodie basket at your Littles doorstep
- Do a drive and wave from your vehicle
- Grab food and eat lunch together outside (have a picnic)